

FOOD ALLERGY GUIDE

Vegetarians -No meat/animals.

Vegans -No meat/animals, dairy, eggs, or any animal byproducts like kimchi, mayonnaise or honey.

Common Allergies:

- ✓ Dairy
 - ✓ Eggs
 - ✓ Peanuts
 - ✓ Tree nuts, like walnuts, almonds, pine nuts, brazil nuts, and pecans
 - ✓ Soy
 - ✓ Gluten
 - ✓ Fish
 - ✓ Shellfish
-

Kimchi Fried Rice - White Rice cooked with kimchi, green onions and sesame oil.

- **Contains Fish Sauce**

Buckwheat Noodle- Made with wheat and buckwheat, which is a type of seed grown in Asia.

- **Contains Gluten**

BBQ Beef - Sliced rib eye in Korean BBQ marinade (garlic, onion, soy sauce, sesame oil)

- **Meat; Contains Soy (Gluten free)**

Grilled Chicken - Seasoned with a hint of garlic and ginger

- **Meat**

Spicy Pork - Sliced pork loin marinated in Korean chili peppers

- **Contains Soy (Gluten free)**

Shrimp and Pork Meatballs - Seasoned with garlic, ginger, and lemon

- **Meat; Contains Eggs, Shellfish, Gluten**

Grilled Salmon - Seasoned with a hint of garlic, ginger and lemon

- **Fish**

Roasted Brussels Sprout & Kimchi

- **Contains Fish Sauce**

Sautéed Zucchini

- **Vegan/Vegetarian Option**

Sautéed Cauliflower & Bell Peppers

- **Vegan/Vegetarian Option**

Hot Sauce

- **Contains Soy (Gluten free)**

Peanut Sauce

- **Contains Fish Sauce, Soy(Gluten free), Peanut**

Nori Sauce

- **Contains Soy (Gluten free)**

Creamy Cilantro Sauce

- **Contains Dairy, Egg**

BBQ Sauce

- **Contains Soy (Gluten free)**

Honey Teriyaki Sauce

- **Contains Soy (Gluten free)**